



# YOUR LOGO

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## Finding Out How To Love Yourself Is A Must For Happiness

<https://www.amazon.com/dp/B00L3K9ZPC>

Recently I began taking into consideration the concept of personal-love. I get started asking yourself precisely what the distinction is between the personal-love we want, as well as the personal-love we don't want. Because on one hand we hear we should learn to love ourselves, yet on the other hand we hear that self-love is selfish.

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