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life coach training certification

<https://coachingcertifications.biz/ms>

Coaching is the process of observation of existing thinking, behavioral and linguistic patterns, setting specific goals, discerning hidden saboteurs and supporting the client in making a plan of action and following it to achieve the desired results. It is creating such a deep respect and rapport, the client feels comfortable, and most of all safe, to move from their current place to success.

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